MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Día De Muertos FREEZE DANCE	**3** SPUD	**4** CHOCOLATE CHIP COOKIES	**5** AUTUM LEAFS OWLS	**6** Happy Diwali WHAT TIME IS IT, MR. WOLF?
9 MOVIE DAY	**10** POPPY ART	**11** Remembrance Day TACOS	**12** TREE ART	**13** LINE TAG
16 EVERYONE IS IT TAG	**17** BASKETBALL	**18** PANCAKES	**19** CLOUD DOUGH	**20** National Child and Transgender Day of Remembrance PA DAY PROGRAM CLOSED
23 NOODLE TAG	**24** ELEPHANT TOOTHPASTE	**25** STIRFRY NOODLES	**26** SLIME	**27** GAGA BALL

After School Program

Sprouts November 2026

November- Hindu & Lebanese Heritage Month
Celebrated throughout the month to honour the history, culture and contributions of Hindu and Lebanese communities in Canada

November 1-2 – Día De Muertos
The holiday, which is celebrated mostly in Mexico on November 1 and 2, is like a family reunion, except dead ancestors are the guests of honor. Day of the Dead is a joyful time that helps people remember the family and friends that have travelled to Mictlan ahead of the living.

November 06 – Happy Diwali
Multi-day religious festival celebrated by Hindus and Sikhs symbolizing the spiritual victory of light over darkness.

November 8 – Indigenous Veterans Day
Recognized annually on Nov. 8, Indigenous Veterans Day is a day to recognize and acknowledge the many contributions and sacrifices of Indigenous Peoples to Canada's war efforts and peacekeeping reputation.

November 11 – Remembrance Day
Every year on November 11, Canadians pause in a silent moment of remembrance for the people who have served, and continue to serve our country during times of war, conflict and peace.

November - 20 National Child & Transgender day of Remembrance
Recognizes children's rights and memorializes victims of transphobia

November 20 P.A. DAY
The After-school program is closed for the day. Applegrove will provide children's programing for those who signed for the PA day program.

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children & youth

Pick-Up

2:45PM

Your children will be picked up in the backfield by our staff at dismissal. Please contact us if your child will be absent or late to program.

Snack

3:00 PM

All groups will gather in the school cafeteria for a nutritious snack. Children will have time to decompress and hang out with their friends. They can also get help with their homework during this time.

Reading and Homework

3:30 PM

Children will have 30 minutes for homework or reading, supervised by staff. Books and drawing materials will be provided. Computers may be used for homework if needed. If no homework is assigned, this time will be used as quiet individual or downtime.

Activity Time

4:00 PM

Planned activities will be run by the staff for your children. We strive to offer a variety of activities based on the groups' interests – therefore we encourage all children to participate in all activities and to try new things! If your child has some favorite activities, let their staff know and keep in mind this will be individual time for your child to do their homework.

Program Ends

6:00 PM

Please let us know if you are going to be running late picking up your children. Continuous late pick-ups will result in additional fees

Prenatal Program

This pre and post-natal program offers social and supportive learning activities for pregnant women, new mothers and their babies up to age 6 months. Weekly sessions and workshops are a way to get to know other local parents-to-be and discuss pregnancy questions or concerns with specialists. Topics include prenatal health and nutrition, childbirth, breastfeeding, infant care and development and more. Food and other supports are available. All programming is free.

EarlyONs

We offer a welcoming, safe and supportive space where all types of families and their children age 0 to 6 can meet, play, talk, learn and grow with each other. Join us for early learning activities, music and movement, creative experiences, and parent education. Supportive staff can help with accessing information about parenting and child development or community resources. All programming is free.

Youth Drop-in

This is a casual program where youth aged 12–16 have fun, hang out with friends and have opportunities to participate in activities that build leadership and life skills. Activities are based on people's interests and include things like basketball, cooking, game and movie nights, and team-building. All programming is free.

Seniors & Older Adults

Aimed at adults aged 55+ this program offers a selection of activities to choose from each week. Activities are designed to create social connections, keep people active, promote life long learning and have fun. Some, like bingo and Spanish lessons happen on a regular schedule. Other activities change from month to month based on what people are looking for. Staff can also make check-in calls and provide referrals to other services.

The Neighbourhood Food Hub

The Food Hub is a welcoming food-focused facility and gathering space located at 1470 Gerrard Street East. It seeks to connect people to fresh, nutritious food, improve food access in Toronto's east end, and build community. By working with partners, the Food Hub provides space to local food programs and projects, participates in projects to promote sustainable local food systems, facilitates food resource sharing in the community, and supports community-based emergency food programs.

FOR MORE INFORMATION VISIT WWW.APPLEGROVECC.CA | @APPLEGROVECC