

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	After School Program SEEDS October 2026 OCTOBER 12 – THANKSGIVING The Afterschool Program is closed today for Thanksgiving Monday. Thanksgiving is a celebration of being thankful for what one has and the bounty of the previous year. OCTOBER 17TH – THE EAST END MUSIC FEST Join us at the East End Food Hub at 7 pm for an unforgettable night of music and art. Support the community and experience the heartbeat of the east end through live music, art, food and drink. This is a 19+ event. Tickets on sale at www.applegrovecc.ca OCTOBER 23RD DIWALI CELEBRATION Diwali, the ancient festival of lights, is rooted in the rich tapestry of Hindu epic history as it commemorates the triumphant return of Lord Rama to Ayodhya after defeating the demon king Ravana. Emphasizing the win of good over evil. OCTOBER 31 – HALLOWEEN Halloween started with the Celts. People celebrating would light bonfires and dress up to ward off ghosts. They would take a bit of the fire home. They would carve out turnips to help carry the fire and left them outside their door to keep spirits away. When this tradition made its way to America, they used pumpkins. This is why we now dress up and carve faces into pumpkins on Halloween. Liliana Sanchez (She/Her) Child & Youth Coordinator 647.233.8143 childandyouth@applegrovecc.ca  applegrove children & youth
			1 TRACK & FIELD	2 MOVIE DAY	
5 SOCCER	6 CLOUD DOUGH	7 BAKE SALE COOKING	8 BAKE SALE FUNDRAISER	9 CHARADES	
12 Happy Thanksgiving PROGRAM CLOSED	13 BAG CHARMS	14 BASEBALL	15 HOME MADE PASTA	16 JUMP ROPE	
19 ULTIMATE FRISBEE	20 MINI LID BANJOS	21 SHARKS & MINNOWS	22 PUMPKING TARTS	23 Diwali Celebration MINUTE TO WIN IT	
26 OCTOPUS	27 BUILD A MONSTER	28 ANIMAL RELAY	29 VEGGIE SOUP	30 Halloween HALLOWEEN PARTY	

DAILY ROUTINES

Pick-Up

2:45PM

Your children will be picked up in the backfield by our staff at dismissal. Please contact us if your child will be absent or late to program.

Snack

3:00 PM

All groups will gather in the school cafeteria for a nutritious snack. Children will have time to decompress and hang out with their friends. They can also get help with their homework during this time.

Reading and Homework

3:30 PM

Children will have 30 minutes for homework or reading, supervised by staff. Books and drawing materials will be provided. Computers may be used for homework if needed. If no homework is assigned, this time will be used as quiet individual or downtime.

Activity Time

4:00 PM

Planned activities will be run by the staff for your children. We strive to offer a variety of activities based on the groups' interests – therefore we encourage all children to participate in all activities and to try new things! If your child has some favorite activities, let their staff know and keep in mind this will be individual time for your child to do their homework.

Program Ends

6:00 PM

Please let us know if you are going to be running late picking up your children. Continuous late pickups will result in additional fees

MORE PROGRAMS & EVENTS

Prenatal Program

This pre and post-natal program offers social and supportive learning activities for pregnant women, new mothers and their babies up to age 6 months. Weekly sessions and workshops are a way to get to know other local parents-to-be and discuss pregnancy questions or concerns with specialists. Topics include prenatal health and nutrition, childbirth, breastfeeding, infant care and development and more. Food and other supports are available. All programming is free.

EarlyONs

We offer a welcoming, safe and supportive space where all types of families and their children age 0 to 6 can meet, play, talk, learn and grow with each other. Join us for early learning activities, music and movement, creative experiences, and parent education. Supportive staff can help with accessing information about parenting and child development or community resources. All programming is free.

Youth Drop-in

This is a casual program where youth aged 12–16 have fun, hang out with friends and have opportunities to participate in activities that build leadership and life skills. Activities are based on people's interests and include things like basketball, cooking, game and movie nights, and team-building. All programming is free.

Seniors & Older Adults

Aimed at adults aged 55+ this program offers a selection of activities to choose from each week. Activities are designed to create social connections, keep people active, promote life long learning and have fun. Some, like bingo and Spanish lessons happen on a regular schedule. Other activities change from month to month based on what people are looking for. Staff can also make check-in calls and provide referrals to other services.

The Neighbourhood Food Hub

The Food Hub is a welcoming food-focused facility and gathering space located at 1470 Gerrard Street East. It seeks to connect people to fresh, nutritious food, improve food access in Toronto's east end, and build community. By working with partners, the Food Hub provides space to local food programs and projects, participates in projects to promote sustainable local food systems, facilitates food resource sharing in the community, and supports community-based emergency food programs.

FOR MORE INFORMATION VISIT WWW.APPLEGROVECC.CA | @APPLEGROVECC