applegrove
families & early years

Applegrove EarlyON Locations:

Duke of Connaught School

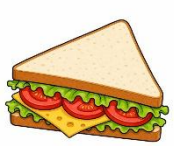
Mon, Wed, Thu,Fri:
9am – 2pm
Tue:
9am-5pm
60 Woodfield Rd
416-461-5043

Daily Activities
Snack: 10:15am
Circle Time: 10:30am

East End Food Hub

Saturday:
9:30am – 1pm
1470 Gerrard St. E.
416-459-4769

November 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2. National Stress Awareness Week	3. 	4. Baby Yoga 1 pm	5. Let's Make Playdough f	6. OPEN 9-2pm 60 Woodfield Rd	7. **Gross Motor Program 9:30 – 1 1470 Gerrard St.**
9. **CLOSED for EarlyON Conference**	10. World Science and Peace Day	11. **CLOSED for Remembrance Day**	12. Public Health Nurse Visit 10 am	13. OPEN 9-2pm 60 Woodfield Rd	14. **Gross Motor Program 9:30 – 1 1470 Gerrard St.**
16. Kids Cooking 10 am	17. **Wear Odd Socks** FOR ANTI-BULLYING WEEK	18. Toddler Yoga 10:30	19. The Kindness Collage	20. OPEN 9-2pm 60 Woodfield Rd	21. **Gross Motor Program 9:30 – 1 1470 Gerrard St.**
23. 	24. Pawsitively Pets 10:15	25. **Fluffy Bunny Craft**	26. International Cake Day	27. OPEN 9-2pm 60 Woodfield Rd	28. **Gross Motor Program 9:30 – 1 1470 Gerrard St.**
30. Come Sing With Us!				Instagram @applegrove_earlyon	Early ON Child and Family Centre

frp@applegrovecc.ca @applegrove_earlyon

EARLYON ACTIVITIES

KIDS SNACK	We provide children with a snack daily at approximately 10:15 am. Snack is a chance for the children to eat in a social setting, share food, take turns and make choices. Snack normally consist of protein, fruit/veggie and carbohydrate.
CIRCLE TIME	At about 10:30 we gather to listen to a story and sing some songs. The best circles have adults joining in the songs and actions because your children will take their cue from you.
COFFEE & TEA	Coffee and Tea are available during program. You are welcome to help yourself when you come in for a visit.
ART ACTIVITIES	Self-expression and sensory experiences are very important part of early learning. Your child can practice cutting, painting, drawing, selecting and arranging.
SENSORY PLAY	Sensory play is an important part of your child's development. We offer a variety of different sensory activities that your child can participate in at their own pace.
GROSS MOTOR OPPORTUNITIES	Opportunities to use large muscles in arms, legs and torso are essential for developing body awareness and balance. We offer many opportunities for active play, especially on Saturdays at our 1470 Gerrard Street East location.
FAMILY RESOUCES	We offer a variety of resources for participants to take advantage of including a toy and resource lending library and a clothing exchange.