



applegrove
families & early years

This fall we are going
back to our regular hours
at both of our locations!
(see below)
Keep an eye on our
Instagram
@applegrove_earlyon
for program updates.

**Applegrove
EarlyON
Locations:**

**Duke of Connaught
School**
Mon – Thurs:
9am – 2pm
60 Woodfield Rd
416-461-5043

Daily Activities
Snack: 10:15am
Circle Time: 10:30am

East End Food Hub
Thurs - Sat:
9:30am – 1pm
1470 Gerrard St E
416-459-4769

SEPTEMBER

2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1. Check out our clothing exchange!	2. 	3. Pinecone craft	4. CLOSED	5. CLOSED
7. CLOSED For Labour Day	8. Let's make Playdough	9. Baby Yoga 1 pm	10. Open at both locations	11. Come Sing With Us! 1470 Gerrard St E	12. Gross Motor Program 9:30 – 1 1470 Gerrard St E
14. 	15. Aanii Aki (Hello World) Puppet Show 11am - 12pm	16. Invisible MAGIC	17. Screen Time with Nurse Debbie 10AM 1470 Gerrard St. E	18. Cooking 10 am 1470 Gerrard St E	19. Gross Motor Program 9:30 – 1 1470 Gerrard St E
21. Egg carton Craft	22. Autumnal Equinox	23. Toddler Yoga 10:30 am	24. Little You	25.  1470 Gerrard St E	26. Gross Motor Program 9:30 – 1 1470 Gerrard St E
28. Cooking 10 am	29. Chudleigh's Farm Bus Trip	30. CLOSED For TRUTH AND RECONILIATION			

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 @applegrove_earlyon



EARLYON ACTIVITIES

KIDS SNACK

We provide children with a snack daily at approximately 10:15 am. Snack is a chance for the children to eat in a social setting, share food, take turns and make choices. Snack normally consist of protein, fruit/veggie and carbohydrate.

CIRCLE TIME

At about 10:30 we gather to listen to a story and sing some songs. The best circles have adults joining in the songs and actions because your children will take their cue from you.

COFFEE & TEA

Coffee and Tea are available during program. You are welcome to help yourself when you come in for a visit.

ART ACTIVITIES

Self-expression and sensory experiences are very important part of early learning. Your child can practice cutting, painting, drawing, selecting and arranging.

SENSORY PLAY

Sensory play is an important part of your child's development. We offer a variety of different sensory activities that your child can participate in at their own pace.

GROSS MOTOR OPPORTUNITIES

Opportunities to use large muscles in arms, legs and torso are essential for developing body awareness and balance. We offer many opportunities for active play, especially on Saturdays at our 1470 Gerrard Street East location.

FAMILY RESOURCES

We offer a variety of resources for participants to take advantage of including a toy and resource lending library and a clothing exchange.