



applegrove
families & early years

Monday, August 3: CLOSED for
Civic Holiday

Thurs. August 13: Closing at 12pm

Thurs. August 17: CLOSED for
Cleaning

**Park Visits Continue at Woodbine
Park Aug. 11, 18, and 25**

Daily Activities

Snack: 10:15 am

Circle Time: 10:30 am

Applegrove EarlyON Locations:

Duke of Connaught School

Mon – Thurs: 9am – 2pm

60 Woodfield Rd

416-461-5043

East End Food Hub

Thurs & Fri: CLOSED

1470 Gerrard St. East

416-459-4769

 frp@applegrovecc.ca

 [@applegrove_earlyon](https://www.instagram.com/applegrove_earlyon)

August

2026

Monday	Tuesday	Wednesday	Thursday	Friday
3. CLOSED for CIVIC HOLIDAY	4. World Breastfeeding Week	5. Come Sing With Us!	6. Nurse Debbie: Getting Ready for Kindergarten 10 am	7. CLOSED
10. Kids Cooking 10 am	11. Park Visit Woodbine Park 9:30 – 12 Baby Park Yoga 1-1:45	12. World Photography Day	13. Closing Early 12 pm	14. CLOSED
17. CLOSED For Cleaning	18. Park Visit Woodbine Park 9:30-12	19. 	20. Water Play Day! 	21. CLOSED
24. National Waffle Day	25. Park Visit Woodbine Park 9:30 – 12 Family Park Yoga 10:30 - 11	26. Read a Good Book	27. Ricing Moon	28. CLOSED
31. 	 NATIONAL WELLNESS MONTH AUGUST		 Child and Family Centre	 @applegrove_earlyon



EARLYON ACTIVITES

KIDS SNACK

We provide children a snack daily at approximately 10:15 am. Snack is a chance for the children to eat in a social setting, share food, take turns and make choices. Snack normally consist of protein, fruit/veggie and carbohydrate.

CIRCLE TIME

At about 10:30 we gather to listen to a story and sing some songs. The best circles have adults joining in the songs and actions because your children will take their cue from you.

COFFEE & TEA

Coffee and Tea are available during program. You are welcome to help yourself when you come in for a visit.

ART ACTIVITIES

Self-expression and sensory experiences are very important part of early learning. Your child can practice cutting, painting, drawing, selecting and arranging.

SENSORY PLAY

Sensory play is an important part of your child's development. We offer a variety of different sensory activities that your child can participate in at their own pace.

FAMILY RESOURCES

We offer a variety of resources for participants to take advantage of including a toy and resource lending library and a clothing exchange.