



Winter 2026 Newsletter

We apologize, this newsletter was previously sent out with an incorrect email subject line
(Applegrove Newsletter - Fall 2025).

Child & Youth

For program information or registration call: **416-461-8019** or email: childandyouth@applegrovecc.ca



Summer Registration

NEW IN-PERSON REGISTRATION PROCESS

Date: Tuesday, February 3, 2026

Location: Applegrove, 60 Woodfield Road (Inside the Duke of Connaught Public School).

Lottery Registration Period: 6:15 – 7:00 PM.

Registration Period: 7:00 - 9:00 PM.

This year we will be registering in-person using a lottery system. This applies to both Summer Adventure Camp as well as the Summer Leadership Program.

Please arrive between 6:15 - 7:00 PM to complete your registration forms and receive a number for the lottery draw. When your number is called you will be asked to complete your registration and pay in full.

Full program and registration details, and forms can be found on our [website](#). Please also see our website for information on how to register if you are not present in person on February 3.

Limited Spaces still Available in the Afterschool Program!

Providing a safe and social space for Duke Students age 6-12 from end of day to 6 PM. Our team of experienced staff offer fun and skill-building activities daily, as well as a reading/homework period and a healthy snack!

Adults & Seniors

For program information or registration call **416-461-5526** or email seniors@applegrovecc.ca



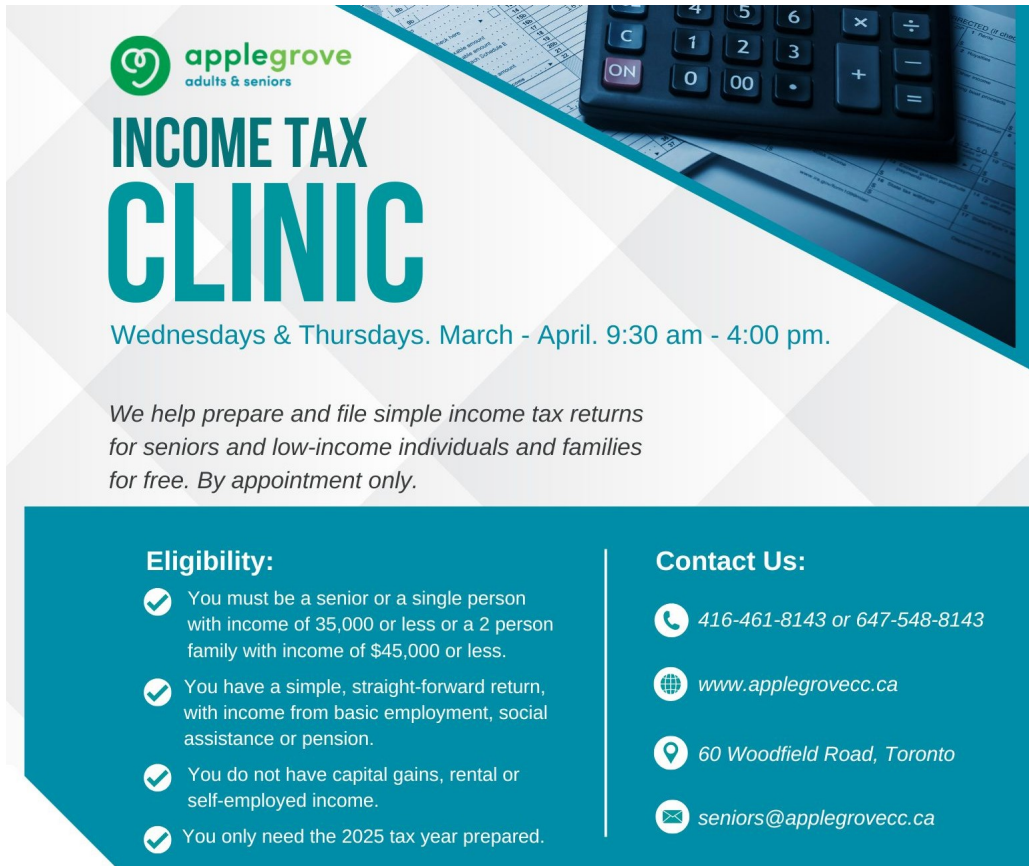
Community Impact Grant

We are pleased to share that Applegrove has received \$25,000 through the Community Impact Grant from Ecclesiastical Insurance Office. This generous investment will support our seniors food programs, helping address food insecurity and reduce social isolation among older adults in our community.

The funding will strengthen senior-led initiatives that bring people together through food, connection, and shared learning, while supporting health, well-being, and community belonging.

We are deeply thankful to Ecclesiastical Insurance Office plc (Canada) for their commitment to building stronger, more caring communities. Their support will have a meaningful and lasting impact on the seniors we serve.

Thank You, Ecclesiastical!



 **applegrove**
adults & seniors

INCOME TAX CLINIC

Wednesdays & Thursdays. March - April. 9:30 am - 4:00 pm.

We help prepare and file simple income tax returns for seniors and low-income individuals and families for free. By appointment only.

Eligibility:

- ✓ You must be a senior or a single person with income of 35,000 or less or a 2 person family with income of \$45,000 or less.
- ✓ You have a simple, straight-forward return, with income from basic employment, social assistance or pension.
- ✓ You do not have capital gains, rental or self-employed income.
- ✓ You only need the 2025 tax year prepared.

Contact Us:

- 📞 416-461-8143 or 647-548-8143
- 🌐 www.applegrovecc.ca
- 📍 60 Woodfield Road, Toronto
- ✉️ seniors@applegrovecc.ca

Income Tax Clinic

Applegrove will be running its annual Income Tax Clinic for low-income individuals. We will begin accepting appointments on February 2 for Wednesdays and Thursdays in March and April. This is a free service, offered by trained Applegrove volunteers. Appointments are required. For more details and eligibility requirements call us at 416-461-8143 or 647-548-8143, or email seniors@applegrovecc.ca.





Ukulele Club

We've had an overwhelming response to our new Ukulele Club program - we had to get more ukuleles! We are now definitely full (room capacity) so thank you to all those enthusiastic people who signed up and came to the first class. Hosted by Maureen "Ukelele Mamma," Wednesdays at 10:15.



SENIORS Café

East End Food Hub
Auditorium (downstairs)
1470 Gerrard St. E

Drop-in anytime between
3-5 pm

- ☞ for older adults 55+
- ☞ coffee/tea & light refreshments
- ☞ socialize & meet new friends
- ☞ play cards & board games

1 Monday per month:
Jan 26, Feb 23, Mar 23,
Apr 27, May 25, Jun 22,
Jul 27, Aug 24, Sep 28,
Oct 26, Nov 23, Dec TBD

For more information contact:
seniors@applegrovecc.ca
647-548-8143



Senior's Café

Drop-in anytime to the East End Food Hub Auditorium (downstairs) between 3-5 pm once a month for our free Café for older adults aged 55+. Enjoy coffee, tea and light refreshments while you socialize, meet new friends or play some cards, board games or Mahjong. The monthly free Nourish East End Community Dinner happens right afterwards, so feel free to stay for that too. This year's dates: Jan 26, Feb 23, Mar 23, Apr 27, May 25, Jun 22, Jul 27, Aug 24, Sep 28, Oct 26 and Nov 23: December date still to be decided.

Families & Early Years

For program information call: **416-461-5043** or email: frp@applegrovecc.ca.
Follow the Applegrove Early-On program on Instagram: [@applegrove_earlyon](https://www.instagram.com/applegrove_earlyon)

**Toronto
Public Health**



Nurse Visit



Thursday, January 29 at 10 am



**Debbie Ettienne will
be at our Gerrard St.
East location to
discuss Positive
Parenting**

Toronto Public Health Visit

Public Health Nurse Debbie Applegrove Connection at The East End Food Hub (1470 Gerrard St. E) for a conversation on Positive Parenting on Thursday, January 29th at 10 am. This will be a 15 minute talk about behaviour strategies, followed by an opportunity to chat and ask questions. The children are welcome to play while adults discuss this topic.

Gross Motor Program

We're excited to announce a new EarlyON gross motor program beginning Saturday, February 28, at the East End Food Hub! The program will run on Saturday mornings, with full details to be shared soon. Build strength, balance and dexterity in our large indoor open space where your young one can run, jump and play with their peers!

For the latest updates, follow @applegrove_earlyon on Instagram.

Do you follow us on social media? Find us on Instagram and Facebook [@applegrovecc](#)



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Our mailing address is:

Applegrove Community Complex

60 Woodfield Road

Toronto, ON M4L 2W6

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