

APPLEGROVE SENIORS

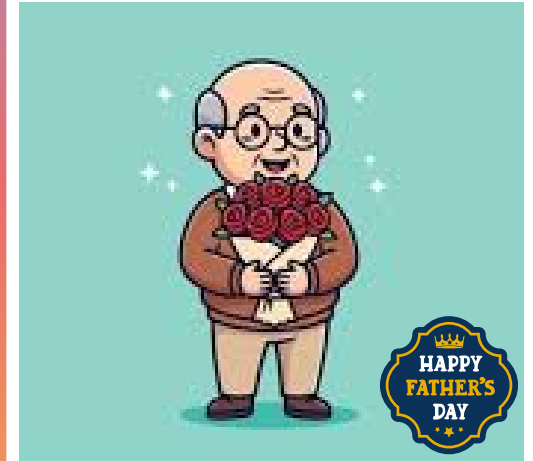


60 Woodfield Rd
M4L 2W6 Toronto, ON

JUNE 2026 CALENDAR

MON	TUE	WED	THU	FRI
1	2 \$ Line Dance 10 AM-12 PM	3 Ukulele Club 10:15-11:15 AM	4 \$ Line Dance 10 AM-12 PM The Social Circle 11:30 AM-1:30 PM	5 \$ Spanish Social 11 AM-12:15 PM BINGO 1:30-2:30 PM
8 Daily Dance Connect DEMO & DWP Hybrid class 10-11:30 AM Advisory Meeting 12:00-1:00PM	9 Line Dance 10 AM-12 PM Food Champions 11 AM-2 PM	10 Ukulele Club 10:15-11:15 AM Annual General Meeting 6:30-8:30 PM	11 \$ Line Dance 10 AM-12 PM The Social Circle 11:30 AM-1:30 PM	12 \$ Spanish Social 11 AM-12:15 PM Book Club 1-2 PM
15 \$ Movie Matinee 11:30 AM-1:30 PM	16 \$ Line Dance 10 AM-12 PM Cooking Workshop 11 AM-2 PM	17 Ukulele Club 10:15-11:15 AM Seniors Fire Safety Workshop 12:30-1:30 PM	18 \$ Line Dance 10 AM-12 PM The Social Circle 11:30 AM-1:30 PM	19 \$ Spanish Social 11 AM-12:15 PM BINGO 1:30-2:30 PM
22 Seniors' Cafe 3-5 PM	23 \$ Line Dance 10 AM-12 PM Food Champions 11 AM-2 PM	24 Ukulele Club 10:15-11:15 AM Ward's Island Trip/Camp Sunshine Centre 9 AM-3 PM	25 The Social Circle 11:30 AM-1:30 PM	26 Seniors' Month Celebration 10:30 AM-12:30 PM Fee: \$5 Includes lunch and activities.
29	30 Cooking Workshop 11 AM-2 PM	June 8 Demo & Dance Class 10-11:30 AM Applegrove Lounge 60 Woodfield Rd		Register by June 19 Join us at the East End Food Hub 1470 Gerrard St East Lower Level

Celebrating our seniors with gratitude, respect, and appreciation this Seniors Month.



Please register for all programs to help us with our planning. Everyone is welcome to join our activities. If you have financial barriers preventing you from joining, please call Aida to discuss.

647 - 548 - 8143

seniors@applegrovecc.ca

Learn more about our programs and activities: www.applegrovecc.ca

PROGRAM DESCRIPTIONS

 **AGM** 

Wednesday, June 10, 6:30-8:30 PM. Location: East End Food Hub, 1470 Gerrard St East.

Register by June 5. Call Jake: 416-461-8092 or email: initiatives@applegrovecc.ca

It's that time of year again: Our Annual General Meeting! Applegrove loves to host events and we always look forward to this opportunity to bring our members together. This event is free and open to everyone. Hear about 2025 Applegrove activities and financials, participate in board elections, celebrate people who make a difference in our community and enjoy a delicious dinner.

HYBRID DANCE CLASS 

Monday, June 8, 10-11:30 AM Location: Applegrove Lounge, 60 Woodfied Rd.

Register by June 5.

Gentle Movement Dance Class Demo, come ignite your imagination and get your groove on with this one-time live dance class demo hosted by DWP and open to all seniors!



Hybrid Daily Dance Connect (DDC) chair dance class; we'll play the live streamed class on our big screen and follow along to the teacher's dance moves! Get a gentle work out and enjoy the music!

ADVISORY MEETING 

Monday, June 8, 12-1 PM. Location: Applegrove Lounge, 60 Woodfield Rd.

Register by June 5.

Passionate about the arts? Join our Seniors Advisory Meeting and let's discuss arts programming at Applegrove and other upcoming projects, events, and opportunities. We would like to hear your voice, your thoughts and ideas!

MOVIE MATINEE  

Monday, June 15, 11:30 AM-1:30 PM. Location: Applegrove Lounge, 60 Woodfield Rd.

Fee: \$10. Register by June 10. Includes lunch. NO REFUNDS.



About My Father is a comedy about Sebastian, who brings his traditional immigrant father Salvo to spend a weekend with his wealthy fiancée's eccentric family. The visit turns into a series of awkward cultural clashes, leading father and son to reflect on family, identity, and what truly brings people together. Robert De Niro, Sebastian Maniscalco, and Leslie Bib.

COOKING WORKSHOP 

Tuesday, June 16, 11 AM-2 PM. Location: East End Food Hub, 1470 Gerrard St East, Lower Level.

NO FEE. Register by June 11. Bring your own take away container.

We're heading to Spain in the kitchen! Join us as we make a refreshing gazpacho, a classic paella full of flavor, and a sweet homemade flan for dessert. A delicious afternoon of cooking, sharing, and enjoying traditional Spanish-inspired dishes together.

LOCAL TRIP  

Wednesday, June 24, 9 AM-3 PM Meet at Coxwell Subway Station at 8:45 AM.

Fee: \$20 includes lunch, ferry and ttc tickets. Register by June 17. NO REFUNDS.

Camp Sunshine Centre, Ward's Island: Join us as we honour and celebrate the rich cultures, traditions, and the contributions of indigenous peoples. featuring a special guest speaker Lori Lamarche Boros and an Xenia Concerts performance with Sultans of Strings. Please note that we are a SCENT FREE agency.

WORKSHOP 

Wednesday, June 17, 12:30-1:30 PM. Location: Applegrove Lounge, 60 Woodfield Rd.

NO FEE. Register by June 10.

Seniors Fire Safety Workshop. In this presentation you will learn: Preventing a fire from happening to you, escape planning for special needs, causes of home fires, eliminating nuisance alarms, and much more!

