



**applegrove**  
families & early years

Park Program is back for the summer at Woodbine Park! Find us every Tuesday from 9:30-12.

Wednesday, July 8: Baby Yoga in the Park – 1-1:45 pm at Woodbine Park

Wednesday, July 22: Family Yoga in the Park – 10:30 – 11 am at Woodbine Park

Daily Activities

Snack: 10:15 am

Circle Time: 10:30 am

**Applegrove EarlyON**

**Locations:**

**Duke of Connaught School**

Mon – Thurs: 9am – 2pm

60 Woodfield Rd

416-461-5043

**East End Food Hub**

**CLOSED for July/Aug**

1470 Gerrard St. East

416-459-4769

frp@applegrovecc.ca

@applegrove\_earlyon



2026

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1. CLOSED for CANADA DAY</b> 	<b>2. OPEN at 60 Woodfield Rd. (1470 Gerrard St. E Closed)</b>	<b>3. CLOSED</b>
<b>6. Come Sing With Us!</b>	<b>7. Park Program Woodbine Park 9:30 - 12</b> <b>Baby Park Yoga 1-1:45</b>	<b>8. Check Out Our Toy Library!</b>		<b>10. CLOSED</b>
<b>13. ABC</b>	<b>14. Park Program Woodbine Park 9:30-12</b>	<b>15. Read a Good Book!</b>	<b>16. Nurse Debbie: Getting Ready for Kindergarten 10 am</b>	<b>17. CLOSED</b>
<b>20. Cooking 10 am</b>	<b>21. Park Program Woodbine Park 9:30 - 12</b> <b>Family Park Yoga 10:30 - 11</b>	<b>22. FIRETRUCK VISIT 10 - 11 AM</b>		<b>24. CLOSED</b>
	<b>28. Park Program Woodbine Park 9:30 - 12</b>	<b>29. Raspberry Moon</b>	<b>30. International Day of Friendship</b>	<b>31. CLOSED</b>



# EARLYON ACTIVITES

## KIDS SNACK

We provide children a snack daily at approximately 10:15 am. Snack is a chance for the children to eat in a social setting, share food, take turns and make choices. Snack normally consist of protein, fruit/veggie and carbohydrate.

## CIRCLE TIME

At about 10:30 we gather to listen to a story and sing some songs. The best circles have adults joining in the songs and actions because your children will take their cue from you.

## COFFEE & TEA

Coffee and Tea are available during program. You are welcome to help yourself when you come in for a visit.

## ART ACTIVITIES

Self-expression and sensory experiences are very important part of early learning. Your child can practice cutting, painting, drawing, selecting and arranging.

## SENSORY PLAY

Sensory play is an important part of your child's development. We offer a variety of different sensory activities that your child can participate in at their own pace.

## FAMILY RESOURCES

We offer a variety of resources for participants to take advantage of including a toy and resource lending library and a clothing exchange.