



applegrove
families & early years

CLOSED Sept 1st & 2nd

This fall we are going back
to our regular hours at
both of our locations!
(see below)

Keep an eye on our Instagram
@applegrove_earlyon for
program updates.

Daily Activities

Snack: 10:15 am

Circle Time: 10:30 am

Applegrove EarlyON Locations:

Duke of Connaught School
Mon – Thurs: 9am – 2pm

60 Woodfield Rd
416-461-5043

East End Food Hub

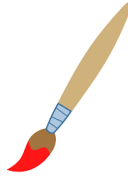
Thurs & Fri: 9:30am – 1pm
1470 Gerrard St. East
416-459-4769

✉ frp@applegrovecc.ca

📷 @applegrove_earlyon

September

2025

Monday	Tuesday	Wednesday	Thursday	Friday
1. CLOSED For Labour Day	2. CLOSED For Room Set Up	3. Open at 60 Woodfield Rd.	4. Open at both locations	5. Open at 1470 Gerrard St. E (Closed at Woodfield)
8. Read a Good Book!	9. 	10. Baby Yoga 1 pm	11. ABC	12. 
15. Dot Day! 	16. 	17. Ambulance Visit 10:30	18. 123	19. Make a Mark
22. Autumnal Equinox	23. International Day of Sign Languages	24. Toddler Yoga 10:30	25. Public Health Nurse Visit 10 am	26. 
29. Indigenous Circle Time 10:30	30. 	NATIONAL DAY FOR TRUTH AND RECONCILIATION SEPTEMBER 30TH 		 @applegrove_earlyon



EARLYON ACTIVITES

KIDS SNACK

We provide children a snack daily at approximately 10:15 am. Snack is a chance for the children to eat in a social setting, share food, take turns and make choices. Snack normally consist of protein, fruit/veggie and carbohydrate.

CIRCLE TIME

At about 10:30 we gather to listen to a story and sing some songs. The best circles have adults joining in the songs and actions because your children will take their cue from you.

COFFEE & TEA

Coffee and Tea are available during program. You are welcome to help yourself when you come in for a visit.

ART ACTIVITIES

Self-expression and sensory experiences are very important part of early learning. Your child can practice cutting, painting, drawing, selecting and arranging.

SENSORY PLAY

Sensory play is an important part of your child's development. We offer a variety of different sensory activities that your child can participate in at their own pace.

FAMILY RESOURCES

We offer a variety of resources for participants to take advantage of including a toy and resource lending library and a clothing exchange.