

We will be closed for the Civic Holiday on Monday, August 4<sup>th</sup>.

Join us for a special Indigenous Circle Time with Katrina from the Native Canadian Centre of Toronto on Tuesday, August 12<sup>th</sup> at 10:30.

## **Daily Activities**

Snack: 10:15 am Circle Time: 10:30 am

**Applegrove EarlyON Locations:** 

Woodfield

**Mon – Thurs: 9am – 2pm** 60 Woodfield Rd 416-461-5043

**East End Food Hub Thurs & Fri: 9:30am – 1pm**1470 Gerrard St. East
416-459-4769

frp@applegrovecc.ca @applegrove\_earlyon



2025

Monday	Tuesday	Wednesday	Thursday	Friday
Early ON Child and Family Centre	Instagram  Instagram  Gappicgrove_cariyon	Aug National Im Awarene	munization	1. CLOSED
₩. CLOSED for CIVIC HOLIDAY	5. Come Sing With Us!	6. Park Program Woodbine Park 10 - 12	7. Berry Moon	8. CLOSED
11. National Son and Daughter Day	12. Indigenous Circle Time 10:30	13. Park Program Woodbine Park 10 - 12	14.	15. CLOSED
18. National Fajita Day	19.	20. Yoga in the Park Family: 10:30 Baby: 1pm Woodbine Park	21. Read a Good Book	22. CLOSED
25. Specíal Círcle Tíme Surpríse!	<b>26.</b> Public Health Nurse Visit 10:30	27. Park Program Woodbine Park 10 - 12	28.	ଥିବି. CLOSED

## **EARLYON ACTIVITES**

KIDS SNACK	We provide children a snack daily at approximately 10:15 am. Snack is a chance for the children to eat in a social setting, share food, take turns and make choices. Snack normally consist of protein, fruit/veggie and carbohydrate.
CIRCLE TIME	At about 10:30 we gather to listen to a story and sing some songs. The best circles have adults joining in the songs and actions because your children will take their cue from you.
COFFEE & TEA	Coffee and Tea are available during program. You are welcome to help yourself when you come in for a visit.
ART ACTIVITIES	Self-expression and sensory experiences are very important part of early learning. Your child can practice cutting, painting, drawing, selecting and arranging.
SENSORY PLAY	Sensory play is an important part of your child's development. We offer a variety of different sensory activities that your child can participate in at their own pace.
FAMILY RESOUCES	We offer a variety of resources for participants to take advantage of including a toy and resource lending library and a clothing exchange.