

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	1 FRISBEE	2 DRAWING GAMES <i>World Autism Day &amp; International Children's Book Day</i>	3 RAINBOW LOOMS	4 LINE TAG	<h2>After School Program Sprouts April 2025</h2> <p><b>April 2: World Autism Day</b> This UN designated day marks the start of World Autism Week and World Autism Month. Throughout the month, the focus is on sharing stories and providing opportunities to increase understanding and acceptance of people with autism and fostering worldwide support</p> <p><b>APRIL 12<sup>TH</sup> – Beginning of Passover (Pesach)</b> Passover, or Pesach in Hebrew, is a major Jewish holiday commemorating the Israelites' liberation from slavery in ancient Egypt, celebrated over the course of a week. The most important part of Passover is Seder, a special meal held on the first two nights of the holiday where the story of the Exodus is retold through a Haggadah (a book containing prayers, songs, and traditions).</p> <p><b>APRIL 18 – Easter</b> Applegrove is closed today. Easter is the holiest day of the year for Christians. It celebrates their belief in the resurrection, or the rising from the dead, of Jesus Christ. Jesus was the founder of the religion of Christianity. In many cultures, including Canada, children are given baskets filled with candy. Eggs are decorated and hidden by the Easter Bunny for children to find.</p> <p><b>April 22 – Earth Day</b> A holiday that applauds the planet we live on and all it does for us. Earth Day is observed by more than 192 nations.</p> <p><b>Liliana Sanchez (She/Her)</b> Child &amp; Youth Coordinator 647.233.8143 <a href="mailto:childandyouth@applegrovecc.ca">childandyouth@applegrovecc.ca</a></p> 
7 KID'S CHOICE	8 YOGA CHALLENGE	9 SRINKY DINK KEYCHAINS	10 SPRING JEOPARDY	11 SOCCER <i>APRIL 12<sup>TH</sup> – Beginning of Passover (Pesach)</i>	
14 KID'S CHOICE	15 TIE-DYE EGGS	16 DIY SCHECTCKBOOK	17 SIDEWALK CHALK	18 PROGRAM CLOSED <i>Good Friday</i>	
21 PROGRAM CLOSED <i>Easter</i>	22 EARTH DAY CRAFT <i>Earth Day</i>	23 BEADING BRACELET MAKING	24 SPROUTS ROOM DECORATION	25 VOLLEY BALL	
28 KID'S CHOICE	29 BEAN SPROUT EXPERIMENT	30 WATER COLOUR PAINTING			

## DAILY ROUTINES

### Pick-Up

**2:45PM**

Your children will be picked up in the backfield by our staff at dismissal. Please contact us if your child will be absent or late to program.

### Snack

**3:00 PM**

All groups will gather in the school cafeteria for a nutritious snack. Children will have time to decompress and hang out with their friends. They can also get help with their homework during this time.

### Activity Time

**3:30 PM**

Planned activities will be run by the staff for your children. We strive to offer a variety of activities based on the groups' interests – therefore we encourage all children to participate in all activities and to try new things! If your child has some favourite activities, let their staff know!

### Program Ends

**6:00 PM**

Please let us know if you are going to be running late picking up your children. Continuous late pick-ups will result in additional fees.

## MORE PROGRAMS & EVENTS

### Prenatal Program

This pre and post-natal program offers social and supportive learning activities for pregnant women, new mothers and their babies up to age 6 months. Weekly sessions and workshops are a way to get to know other local parents-to-be and discuss pregnancy questions or concerns with specialists. Topics include prenatal health and nutrition, childbirth, breastfeeding, infant care and development and more. Food and other supports are available. All programming is free.

### EarlyONs

We offer a welcoming, safe and supportive space where all types of families and their children age 0 to 6 can meet, play, talk, learn and grow with each other. Join us for early learning activities, music and movement, creative experiences, and parent education. Supportive staff can help with accessing information about parenting and child development or community resources. All programming is free.

### Youth Drop-in

This is a casual program where youth aged 12–16 have fun, hang out with friends and have opportunities to participate in activities that build leadership and life skills. Activities are based on people's interests and include things like basketball, cooking, game and movie nights, and team-building. All programming is free.

### Seniors & Older Adults

Aimed at adults aged 55+ this program offers a selection of activities to choose from each week. Activities are designed to create social connections, keep people active, promote life long learning and have fun. Some, like bingo and Spanish lessons happen on a regular schedule. Other activities change from month to month based on what people are looking for. Staff can also make check-in calls and provide referrals to other services.

### The Neighbourhood Food Hub

The Food Hub is a welcoming food-focused facility and gathering space located at 1470 Gerrard Street East. It seeks to connect people to fresh, nutritious food, improve food access in Toronto's east end, and build community. By working with partners, the Food Hub provides space to local food programs and projects, participates in projects to promote sustainable local food systems, facilitates food resource sharing in the community, and supports community-based emergency food programs.

FOR MORE INFORMATION VISIT [WWW.APPLEGROVECC.CA](http://WWW.APPLEGROVECC.CA) | @APPLEGROVECC