



Spring 2025 Newsletter

Events & Projects

For event information call: **416-461-8092** or email: initiatives@applegrovecc.ca

Join Our Board!

Members will be elected at our Annual Meeting on June 12.

Applegrove is looking for people of diverse backgrounds, experiences and perspectives who want to share their knowledge, skills and ideas to benefit our community.

We encourage all candidates who feel a connection to our mission and work to apply. We recognize that structural and systemic barriers shape peoples' experiences and qualifications, and the Board is committed to supporting new members through orientation, training, and mentoring.

We are particularly looking for people who have knowledge and/or experience that will help advance our [strategic directions](#), represent Toronto's diversity and are committed to diversity, equity, inclusion and belonging, and who live in our catchment (Jones to Woodbine, railway tracks north of Gerrard to the lake)

Current recruitment priorities include:

- Past and current Applegrove participants (or household members of)
- Young adults and seniors
- Expertise in fundraising/philanthropy
- Background and knowledge of working with children or youth

- Background and/or lived experience of seniors' issues and services

The closing date for applications is May 7.

We recognize that many people may not have experience serving on a board, and that structural and systemic barriers shape peoples' experiences and qualifications. The Board is committed to supporting new members through orientation, training, and mentoring.

For more information about the board, being a board member, and on how to apply [click here](#).

For questions and to submit an application form contact:

Susanne Burkhardt, Executive Director at sburkhardt@applegrovecc.ca or 416-461-5392

Save the Date - Annual General Meeting

Date: **Thursday, June 12, 2025**

Time: 6:30 pm – 8:30 pm

Place: East End Food Hub, 1470 Gerrard Street East (one block east of Coxwell)

To vote at the AGM you must be a member in good standing as of May 12 and at least 18 years old. Membership is a requirement for participating in programs and a great way to show your support for Applegrove.

Please take a moment right now to email us at applegrove@applegrovecc.ca with the word "MEMBERSHIP" in the subject line to:

1. Confirm any changes to your membership information, if you are an existing member (e.g. updates to your contact information)
- or
2. Request a membership form if you are not yet a member and would like to be.

Spring Seed Planting Workshop

Date: **April 13th, 2025**

Time: Drop in during the Market 10 AM - 12 PM

Location: 1470 Gerrard St E (East End Food Hub, Lower Hall)

FREE FAMILY FRIENDLY EVENT

Led by Applegrove Community Complex in partnership with Leslieville Farmers' Market, this free drop-in workshop will provide everything you need to start your own mini garden. Get your hands dirty, learn about seeds, and take home a planted pot to watch your seedlings grow!

SPRING SEED PLANTING WORKSHOP



Applegrove invites you to a fun, hands on Planting Drop-In Event
for kids and families at the Leslieville Farmers' Market!

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Date: April 13th, 2025

Time: Drop in during the Market 10 AM - 12 PM

Location: 1470 Gerrard Street East
(East End Food Hub, Lower Hall)

FREE FAMILY FRIENDLY EVENT

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Perfect for kids and families, this free drop-in event
will spark curiosity about gardening and teach the
basics of planting seeds for spring. All supplies
provided. Get your hands dirty and take home a
planted pot to watch your seedlings grow!
No registration needed, just drop in and dig in!



Child & Youth

For program information call: **416-461-8019** or email: childandyouth@applegrovecc.ca



Space Remaining in Summer Programs

We have had an overwhelming response for summer registrations; thank you! There are still some available spots so grab them while you can:

Summer Adventure Camp - Week 1 (June 30 to July 4).

Summer Leadership Camp - Session 1 (2 weeks: July 7-July 18)

Summer Leadership Camp - Session 2 (3 weeks: July 28 – August 15; closed August 4)

To learn more about our Child & Youth Programs or download the registration package visit our [website](#).

Ramadan Clothing & Toy Drive

The Applegrove Afterschool Program is hosting a toy and clothing drive this March in celebration of Eid. Our goal is to collect as many donations as possible to support the Muslim Welfare Shelter in Scarborough.

Donations of new or gently used clothing and toys, can be dropped off at the Applegrove Office throughout the month of March.

Let's come together and ensure that every child has a reason to smile this Eid!

Adults & Seniors

For program information and registration call **416-461-5526** or email seniors@applegrovecc.ca



Seniors Active Programming Survey

We are interested in finding out about the kinds of physical activities that older adults do as part of their everyday lives and would like to see offered at Applegrove. Please help us create programming that promotes a more active and healthier lifestyle in the older adult population by taking a couple minutes to fill out our [Active Programming Survey](#).

Return of Chair Yoga

Back by popular demand – it's Chair Yoga. You know it, you love it. Every Monday.

Registration required.

First session: Monday, April 14, 11 AM at The East End Food Hub (1470 Gerrard St E).

Knit & Crochet Social

Two Tuesdays a month come click your needles together and catch up on the latest with your fellow practitioners of the woolen arts.

No registration required.

April sessions: Tuesday, April 8, 10:30 AM in The Applegrove Lounge
Tuesday, April 22, 10:30 AM in The Applegrove Lounge

Families & Early Years

For program information call: **416-461-5043** or email: frp@applegrovecc.ca.
Follow the Applegrove Early-On program on Instagram: [@applegrove_earlyon](#)



Baby Yoga

Connect with your baby through yoga. Hosted by Laurie, this class is ideal for babies up to the age of 1 year, but all are welcome to participate.

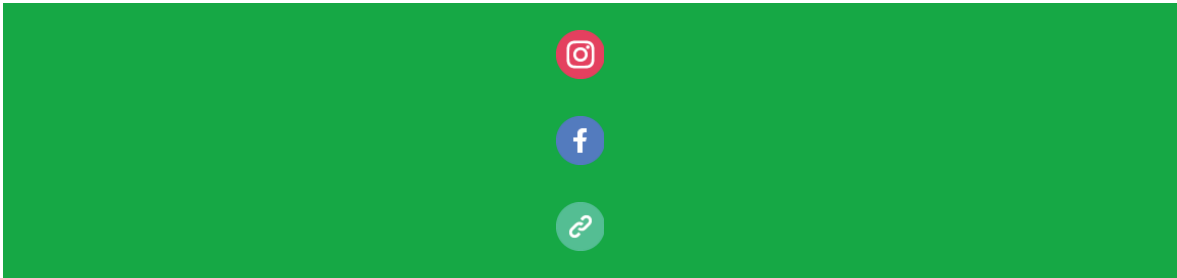
Next session: Tuesday, April 8, 1 PM at Woodfield (Duke of Connaught Public School).

Toddler Yoga

Because slightly older kiddos also benefit, Laurie is doing a Toddler Yoga session on the last Wednesday of each month. This class is ideal for children of 1.5 to 5 years of age, but again all are welcome. Each month there is a different theme – March is Underwater Adventure. February's theme was Dinosaurs and January was Wonderful Winter Adventure.

Next session: Wednesday, March 26, 10:15 AM at Woodfield (Duke of Connaught Public School)

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