



**applegrove**  
families & early years

We will be closed  
on Monday,  
February 17 for  
Family Day!

Daily Activities

Snack: 10:15 am

Circle Time: 10:30 am

**Applegrove EarlyON**

**Locations:**

**Woodfield**

Mon – Thurs: 9am – 2pm

60 Woodfield Rd

416-461-5043

**East End Food Hub**

Thurs & Fri: 9:30am – 1pm

1470 Gerrard St. East

416-459-4769

frp@applegrovecc.ca

@applegrove\_earlyon



# FEBRUARY

2025

Monday	Tuesday	Wednesday	Thursday	Friday
3. <b>Let's Get Active!</b>	4. <b>Year of the Snake</b>	5. 	6. Help yourself to the clothing exchange at our Woodfield Road Location	7. 
10. 	11. Baby Yoga Time 1:00 – 1:45pm	12. <b>Lantern Festival</b>	13. 	14. <b>Happy Valentine's Day!</b>
17. <b>Closed for Family Day</b>	18. Public Health Nurse Visit 10:30 am	19. 	20. <b>Bring a Friend to the Drop-In</b>	21. 
24. Talk to staff at our Woodfield Road Location to use the Toy Library	25. 	26. Toddler Yoga Time 10:15 – 11:00	27. 	28. <b>READ A GOOD BOOK</b>

**Join Us In Celebrating  
Black History Month**



# EARLYON ACTIVITES

## KIDS SNACK

We provide children a snack daily at approximately 10:15 am. Snack is a chance for the children to eat in a social setting, share food, take turns and make choices. Snack normally consist of protein, fruit/veggie and carbohydrate.

## CIRCLE TIME

At about 10:30 we gather to listen to a story and sing some songs. The best circles have adults joining in the songs and actions because your children will take their cue from you.

## COFFEE & TEA

Coffee and Tea are available during program. You are welcome to help yourself when you come in for a visit.

## ART ACTIVITIES

Self-expression and sensory experiences are very important part of early learning. Your child can practice cutting, painting, drawing, selecting and arranging.

## SENSORY PLAY

Sensory play is an important part of your child's development. We offer a variety of different sensory activities that your child can participate in at their own pace.

## FAMILY RESOURCES

We offer a variety of resources for participants to take advantage of including a toy and resource lending library and a clothing exchange.