


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
6 KID'S CHOICE	7 BINGO	8 LASAGNA	9 SALT ART	10 TAG	<h2>Afterschool Program Sprouts January 2024</h2> <p>JANUARY 4TH- WORLD BRAILLE DAY- Celebrating the life and legacy of Louis Braille, whose invention has empowered millions of blind and visually impaired individuals worldwide. Braille is more than a writing system—it's a tool for independence, inclusion, and equal access to education and information.</p> <p>JANUARY 17 – P.A. DAY The Afterschool Program is closed today except for those who registered and paid for our P.A. Day Program.</p> <p>JANUARY 27 – FAMILY LITERACY DAY Encourages families across Canada to engage in fun literacy activities together. It highlights the importance of reading, writing, and learning in daily life, fostering children's development and strengthening family bonds. The day promotes the idea that literacy can be enjoyed through activities like reading books, playing games, and sharing stories, supporting lifelong learning for all.</p> <p>Josh Grainger (he/him) Child & Youth Coordinator 647.233.8143 childandyouth@applegrrovecc.ca</p> 
13 KID'S CHOICE	14 WHAT'S IN THE BAG?	15 CHOCOLATE PUDDING	16 LINE ART	17 <i>PA Day</i> PA DAY PROGRAM	
20 KID'S CHOICE	21 GUESS WHO	22 BUTTER CHICKPEAS	23 LEGO	24 HEAD, SHOULDERS, KNEES AND CONES	
27 <i>Family Literacy Day</i> KID'S CHOICE	28 JEOPARDY	29 HOMEMADE GOLDFISH CRACKERS	30 DIY PUFFY PAINT	31 BOWLING	

DAILY ROUTINES

Pick-Up

2:45PM

Your children will be picked up in the backfield by our staff at dismissal. Please contact us if your child will be absent or late to program.

Snack

3:00 PM

All groups will gather in the school cafeteria for a nutritious snack. Children will have time to decompress and hang out with their friends. They can also get help with their homework during this time.

Activity Time

3:30 PM

Planned activities will be run by the staff for your children. We strive to offer a variety of activities based on the groups' interests – therefore we encourage all children to participate in all activities and to try new things! If your child has some favourite activities, let their staff know!

Program Ends

6:00 PM

Please let us know if you are going to be running late picking up your children. Continuous late pick-ups will result in additional fees.

MORE PROGRAMS & EVENTS

Prenatal Program

This pre and post-natal program offers social and supportive learning activities for pregnant women, new mothers and their babies up to age 6 months. Weekly sessions and workshops are a way to get to know other local parents-to-be and discuss pregnancy questions or concerns with specialists. Topics include prenatal health and nutrition, childbirth, breastfeeding, infant care and development and more. Food and other supports are available. All programming is free.

EarlyONs

We offer a welcoming, safe and supportive space where all types of families and their children age 0 to 6 can meet, play, talk, learn and grow with each other. Join us for early learning activities, music and movement, creative experiences, and parent education. Supportive staff can help with accessing information about parenting and child development or community resources. All programming is free.

Youth Leadership Programs

The Leadership program is a registered program and provides opportunities to participate in activities, events & trips that build leadership and life skills. To register email Josh. Programs are for youth aged 12-16 and are free.

Seniors & Older Adults

Aimed at adults aged 55+ this program offers a selection of activities to choose from each week. Activities are designed to create social connections, keep people active, promote life long learning and have fun. Some, like bingo and Spanish lessons happen on a regular schedule. Other activities change from month to month based on what people are looking for. Staff can also make check-in calls and provide referrals to other services.

The Neighbourhood Food Hub

The Food Hub is a welcoming food-focused facility and gathering space located at 1470 Gerrard Street East. It seeks to connect people to fresh, nutritious food, improve food access in Toronto's east end, and build community. By working with partners, the Food Hub provides space to local food programs and projects, participates in projects to promote sustainable local food systems, facilitates food resource sharing in the community, and supports community-based emergency food programs.

FOR MORE INFORMATION VISIT WWW.APPLEGROVECC.CA | @APPLEGROVECC