


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2 KICKBALL	3 VEGETABLE SOUP	4 SOCK SNOWMAN	5 PICTIONARY	6 BADMINTON	<p>Afterschool Program Seeds</p> <p>December 2024</p> <p>DECEMBER 13TH – HOT CHOCOLATE BAKE SALE</p> <p>The Afterschool Program will be hosting a bake sale on December 13th from 4-5:30 including delicious Deluxe Hot Chocolate! Cash is encouraged, we can accept e-transfers as well. All proceeds support Applegrove programs.</p> <p>DECEMBER 21ST – WINTER SOLSTICE</p> <p>on this day, the sun is at its lowest point in the sky, resulting in the shortest day and the longest night of the year in the northern hemisphere. Many indigenous peoples across the globe see the natural world is a source of teachings about natural and universal laws and have ceremonies or celebrations to honour the solstice. Here are some easy ways you could create your own solstice traditions: https://ndncollective.org/acknowledging-the-winter-solstice-is-a-decolonial-act-for-indigenous-people/</p> <p>DECEMBER 22ND- LAST DAY OF SCHOOL</p> <p>Applegrove will be closed from December 24th – January 8th.</p> <p>DECEMBER 25TH – CHRISTMAS</p> <p>Merry Christmas to all those who celebrate.</p> <p>DECEMBER 25TH – JAN 2ND - CHANUKAH</p> <p>Chanukah is the Jewish eight-day, wintertime “festival of lights,” celebrated with a nightly menorah lighting, special prayers and fried foods. The Hebrew word Chanukah means “dedication,” and is thus named because it celebrates the rededication of the Holy Temple</p> <p>Josh Grainger (he/him) Child & Youth Coordinator 647.233.8143 childandyouth@applegravecc.ca</p> 
9 FITNESS CHALLENGE!	10 'TIS THE SEASON POPCORN MIX-OFF	11 DREIDEL MAKING	12 IN IT TO WIN IT	13 HOT CHOCOLATE BAKE SALE	
16 NOODLE TAG	17 BLIND GUIDE	18 HOLIDAY CARDS	19 MOVIE DAY	20 UGLY SWEATER DANCE PARTY	

**Applegrove is Closed for the Holidays starting December 21st.
See you all in the new year on January 6th!
Have a safe and merry winter break!**

**Happy
Holidays!**



DAILY ROUTINES

Pick-Up

2:45PM

Your children will be picked up in the backfield by our staff at dismissal. Please contact us if your child will be absent or late to program.

Snack

3:00 PM

All groups will gather in the school cafeteria for a nutritious snack. Children will have time to decompress and hang out with their friends. They can also get help with their homework during this time.

Activity Time

3:30 PM

Planned activities will be run by the staff for your children. We strive to offer a variety of activities based on the groups' interests – therefore we encourage all children to participate in all activities and to try new things! If your child has some favourite activities, let their staff know!

Program Ends

6:00 PM

Please let us know if you are going to be running late picking up your children. Continuous late pick-ups will result in additional fees.

MORE PROGRAMS & EVENTS

Prenatal Program

This pre and post-natal program offers social and supportive learning activities for pregnant women, new mothers and their babies up to age 6 months. Weekly sessions and workshops are a way to get to know other local parents-to-be and discuss pregnancy questions or concerns with specialists. Topics include prenatal health and nutrition, childbirth, breastfeeding, infant care and development and more. Food and other supports are available. All programming is free.

EarlyONs

We offer a welcoming, safe and supportive space where all types of families and their children age 0 to 6 can meet, play, talk, learn and grow with each other. Join us for early learning activities, music and movement, creative experiences, and parent education. Supportive staff can help with accessing information about parenting and child development or community resources. All programming is free.

Youth Leadership Programs

The Leadership program is a registered program and provides opportunities to participate in activities, events & trips that build leadership and life skills. To register email Josh. Programs are for youth aged 12-16 and are free.

Seniors & Older Adults

Aimed at adults aged 55+ this program offers a selection of activities to choose from each week. Activities are designed to create social connections, keep people active, promote life long learning and have fun. Some, like bingo and Spanish lessons happen on a regular schedule. Other activities change from month to month based on what people are looking for. Staff can also make check-in calls and provide referrals to other services.

The Neighbourhood Food Hub

The Food Hub is a welcoming food-focused facility and gathering space located at 1470 Gerrard Street East. It seeks to connect people to fresh, nutritious food, improve food access in Toronto's east end, and build community. By working with partners, the Food Hub provides space to local food programs and projects, participates in projects to promote sustainable local food systems, facilitates food resource sharing in the community, and supports community-based emergency food programs.

FOR MORE INFORMATION VISIT WWW.APPLEGROVECC.CA | @APPLEGROVECC