applegrove families & early years

Tue. December 3 – come and learn how to connect with your child through yoga.

Tue. December 10 – Pawsitively Pets will bring some small animals to visit us at the Drop-In

Wed. December 11 – Public Health Nurse Debbie Ettienne will be here to discuss health issues

Daily Activities

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Snack: 10:15 am Circle Time: 10:30 am

Applegrove EarlyON Locations:

Woodfield Mon – Thurs: 9am – 2pm 60 Woodfield Rd 416-461-5043

East End Food Hub Thurs & Fri: 9:30am – 1pm 1470 Gerrard St. East 416-459-4769

DECEMBER 2024

M	londay	Tuesday	Wednesday	Thursday	Friday
1	}¢ad a od Book	3 . Baby Yoga Time 1:00 – 1:45pm	#.	5. Check Out Our Clothing Exchange!	«.
ণ • • •	ं ं ं ं ं ं ं ं ं ं	10. PawsitiVely Pets 10:30 – 11:15	11. Public Health Nurse Visit 12 pm		13. I'm in the mood For singingI
16.		17. Santa Visit 10:30-11:30	18. FAMILY CONCERT 10:30am	19. Special Snack Day!	20. HAPPy Holidayi
23.		2 4 .	25.	26.	27.
30.	We will be closed for the winter holidays from December 23 to January 5. See you on January 6!				

EARLYON ACTIVITES

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KIDS SNACK	We provide children a snack daily at approximately 10:15 am. Snack is a chance for the children to eat in a social setting, share food, take turns and make choices. Snack normally consist of protein, fruit/veggie and carbohydrate.
CIRCLE TIME	At about 10:30 we gather to listen to a story and sing some songs. The best circles have adults joining in the songs and actions because your children will take their cue from you.
COFFEE & TEA	Coffee and Tea are available during program. You are welcome to help yourself when you come in for a visit.
ART ACTIVITIES	Self-expression and sensory experiences are very important part of early learning. Your child can practice cutting, painting, drawing, selecting and arranging.
SENSORY PLAY	Sensory play is an important part of your child's development. We offer a variety of different sensory activities that your child can participate in at their own pace.
FAMILY RESOUCES	We offer a variety of resources for participants to take advantage of including a toy and resource lending library and a clothing exchange.