

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Easter <b>PROGRAM CLOSED</b>	<b>2</b> World Autism Day <b>SHEPHARDS PIE</b>	<b>3</b> <b>ABSTRACT PAINTING</b>	<b>4</b> <b>FIT CLUB</b>	<b>5</b> <b>KIDS' CHOICE</b>
<b>8</b> P.A. Day <b>APPLEGROVE P.A. DAY PROGRAM</b>	<b>9</b> Eid-al-Fitr (End of Ramadan) <b>CAKE POPS</b>	<b>10</b> <b>FINGER PUPPETS</b>	<b>11</b> <b>NOODLE TAG</b>	<b>12</b> <b>DAY OF SILENCE</b>
<b>15</b> Navavarsha <b>BALLOON GAMES</b>	<b>16</b> <b>TACO SOUP</b>	<b>17</b> <b>MOVIE DAY</b>	<b>18</b> <b>KICKBALL</b>	<b>19</b> <b>LET'S EXPERIMENT WITH WATER</b>
<b>22</b> Earth Day Passover Begins <b>EARTH DAY CLEAN-UP</b>	<b>23</b> <b>CHICKEN SLIDERS</b>	<b>24</b> <b>LEGO HEADS</b>	<b>25</b> <b>BADMINTON</b>	<b>26</b> <b>THE BLOSSOMS PRESENT: THE SPRING CARNIVAL</b>
<b>29</b> <b>DANCE GAMES</b>	<b>30</b> <b>APPLE CRUMBLE</b>			

## After School Program Seeds April 2024

### April 1 – Easter

Easter is the holiest day of the year for Christians. It celebrates their belief in the resurrection of Jesus Christ. In many cultures, including Canada, children are given baskets filled with candy. Eggs are decorated and hidden by the Easter Bunny for children to find.

### April 2 - World Autism Day

This UN designated day marks the start of World Autism Week and World Autism Month. Throughout the month, the focus is on sharing stories and providing opportunities to increase understanding and acceptance of people with autism and fostering worldwide support.

### APRIL 8 – P.A. DAY – Solar Eclipse

The Afterschool Program is closed today except for those who registered and paid for our P.A. Day Program.

### APRIL 9- Eid-al-Fitr (End of Ramadan)

This celebration at the end of Ramadan allows Muslims to show their gratitude to Allah for giving them the strength to complete their fast. This is not just a fast of food and drink but of impure or unkind thoughts and actions, too.

### APRIL 26 – The Blossoms present: The Spring Carnival

The Blossoms group will be hosting a carnival fundraiser event. They will be hosting games and activities for all the kids in the program and selling treats and handmade artisanal crafts to raise money for Applegrove. As a bonus if they raise enough money then the staff are going to get pies in the face!

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## DAILY ROUTINES

### Pick-Up

**2:45PM**

Your children will be picked up in the backfield by our staff at dismissal. Please contact us if your child will be absent or late to program.

### Snack

**3:00 PM**

All groups will gather in the school cafeteria for a nutritious snack. Children will have time to decompress and hang out with their friends. They can also get help with their homework during this time.

### Activity Time

**3:30 PM**

Planned activities will be run by the staff for your children. We strive to offer a variety of activities based on the groups' interests – therefore we encourage all children to participate in all activities and to try new things! If your child has some favourite activities, let their staff know!

### Program Ends

**6:00 PM**

Please let us know if you are going to be running late picking up your children. Continuous late pick-ups will result in additional fees.

## MORE PROGRAMS & EVENTS

### Prenatal Program

This pre and post-natal program offers social and supportive learning activities for pregnant women, new mothers and their babies up to age 6 months. Weekly sessions and workshops are a way to get to know other local parents-to-be and discuss pregnancy questions or concerns with specialists. Topics include prenatal health and nutrition, childbirth, breastfeeding, infant care and development and more. Food and other supports are available. All programming is free.

### EarlyONs

We offer a welcoming, safe and supportive space where all types of families and their children age 0 to 6 can meet, play, talk, learn and grow with each other. Join us for early learning activities, music and movement, creative experiences, and parent education. Supportive staff can help with accessing information about parenting and child development or community resources. All programming is free.

### Youth Drop-in

This is a casual program where youth aged 12–16 have fun, hang out with friends and have opportunities to participate in activities that build leadership and life skills. Activities are based on people's interests and include things like basketball, cooking, game and movie nights, and team-building. All programming is free.

### Seniors & Older Adults

Aimed at adults aged 55+ this program offers a selection of activities to choose from each week. Activities are designed to create social connections, keep people active, promote life long learning and have fun. Some, like bingo and Spanish lessons happen on a regular schedule. Other activities change from month to month based on what people are looking for. Staff can also make check-in calls and provide referrals to other services.

### The Neighbourhood Food Hub

The Food Hub is a welcoming food-focused facility and gathering space located at 1470 Gerrard Street East. It seeks to connect people to fresh, nutritious food, improve food access in Toronto's east end, and build community. By working with partners, the Food Hub provides space to local food programs and projects, participates in projects to promote sustainable local food systems, facilitates food resource sharing in the community, and supports community-based emergency food programs.

FOR MORE INFORMATION VISIT [WWW.APPLEGROVECC.CA](http://WWW.APPLEGROVECC.CA) | @APPLEGROVECC