



applegrove
community at its core

Join us!



Annual General Meeting

MARCH 28, 2023

THE NEIGHBOURHOOD FOOD HUB
GLEN RHODES CAMPUS - 1470 GERRARD ST. E.

6:00 PM - DOORS OPEN (ACTIVITIES & MARKET)

6:30 PM - DINNER IS SERVED

7:00 PM - GENERAL MEETING



Child care available | RSVP at www.applegrovecc.ca or 647-233-8143

We strive to host inclusive, accessible events that enable all individuals to engage fully.
To request an accommodation or for inquiries about accessibility, please contact Josh at 647-233-8143.

Dinner
& Dessert

Board
Elections

Great
Door Prizes

Games &
Activities

Fresh Food
Market

Annual General Meeting

This year, for the first time since 2019 we will hold our Annual General Meeting in person! As you may know, Applegrove loves to host community events and we look forward to this opportunity to bring our members together.

Please join us!

Date: Tuesday, March 28, 2023

Time: 6:00 pm – 8:15 pm

Place: Neighbourhood Food Hub at Glen Rhodes Campus, 1470 Gerrard Street East (one block east of Coxwell)

Our annual report on Applegrove activities and financials

- Board elections
- A delicious dinner
- Fun games and great door prizes
- An affordable fresh food market
- Onsite child care (free)

Please note:

While everyone is welcome, only registered members age 18 and over can vote on motions made at the meeting, and only members who live within the Applegrove catchment area (from Jones Avenue to Woodbine Avenue, Lake Ontario to the railroad tracks north of Gerrard Street) can vote on the election of board members.

TO REGISTER:

Contact Josh:

Phone: 416-416-647-233-8143

Email: initiatives@applegrovecc.ca

If you would like childcare, please let us know when you register.

If you require accommodation please let us know. We will do our best to meet your needs.

Support Nourish East End

Nourish East End (formerly known as Glen Rhodes Foodbank) is an Applegrove community partner, and works closely with the Neighbourhood Food Hub. This busy free food market operates out of Glen Rhodes and provides access to fresh, nutritious food for over 500 people in the neighbourhood.

At our AGM we will collect donations for Nourish. All donations are welcome, and they currently have a specific need for:

- small jars of peanut butter
- tea bags (orange pekoe and specialty flavours)
- canned soups
- noodle soups
- condiments (single serving or small sizes of mustard, ketchup and relish)
- small bottles of vinegar
- spices
- dog and cat treats

Learn more about Nourish and how you can support them at <https://nourisheastend.ca>

Other Applegrove Programs



Youth Leadership Programs (spaces still available)

Youth Leadership Program

We are now registering for the final session before the summer. Session 3: April 6th – June 8th.

This program is geared toward youth aged 12 – 16 who want to become more resilient and independent, learn life skills, and become a leader in their community. The youth will gain these skills through activities, workshops, events, and trips guided by experienced staff and youth leaders from the community.

This is a FREE program. Email childandyouth@applegrovecc.ca to register today!

Summer Leadership Program

This program provides opportunities for youth aged 12 – 15 to make friends, build confidence, and gain leadership and life skills. A combination of learning and fun makes for a well-balanced program. Leadership development components include team-building, problem-solving, first-aid training and activity planning. The group then puts their learning into practice by planning and hosting an event such as a kid's activity day or community movie night.

Two sessions are offered each summer – a two-week session in July and a three-week session in August.

Click [here](#) for full details. Visit our [website](#) to register.



Income Tax Clinic

March 1 - April 26

Wednesdays 9:30 am - 4:30 pm by appointment only (in-person or virtual)

Need help completing your taxes? See if you are eligible for our free tax clinic.

You are eligible if you:

- Are a single person with an income of \$35,000 or less
- Are a 2-person family with an income of \$40,000 or less
- Are an individual with a dependent with an income of \$35,000 or less
- Have an interest income of no more than \$1,000
- Have a simple, straightforward return, with income from basic employment, social assistance, or pension
- Do NOT have capital gains, rental or self-employed income
- Need only the 2022 tax year prepared

For more information or to book an appointment please email seniors@applegravecc.ca or call **416-461-8143**



Applegrove Connection EarlyON has reopened!

Thursday & Friday from 9:30 am to 1:00 pm @ the Glen Rhodes Campus (1470 Gerrard Street East)

Visit Louise at her new location for her song & story circles.
Call 416-459-4769 for more information.

Applegrove EarlyON Parent/Child Centre

Monday - Thursday from 9:00 am to 2:00 pm @ Applegrove (60 Woodfield Road)

Visit the Parent/Child team for Song & Story Circles, socialization & learning opportunities for both children and adults, and more!

These programs are for children aged 0-6 and their families.
Call 416-461-5043 or email frp@applegrovecc.ca for more information.



We are now on Instagram! Follow us [@applegrovecc](https://www.instagram.com/applegrovecc) today!

Copyright © 2022 Applegrove Community Complex, All rights reserved.

You are receiving this email because you or your organization have asked to receive our newsletter.
To be taken off this list, click the unsubscribe link below.

Our mailing address is:

Applegrove Community Complex
60 Woodfield Road
Toronto, ON M4L 2W6
Canada

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).

This email was sent to <<Email Address>>

[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)

Nonprofit · 60 Woodfield Road · Toronto, On M4L 2W6 · Canada

