

Applegrove welcomes adults age 55 and over to activities to keep minds, bodies and creativity active!



APPLEGROVE COMMUNITY COMPLEX

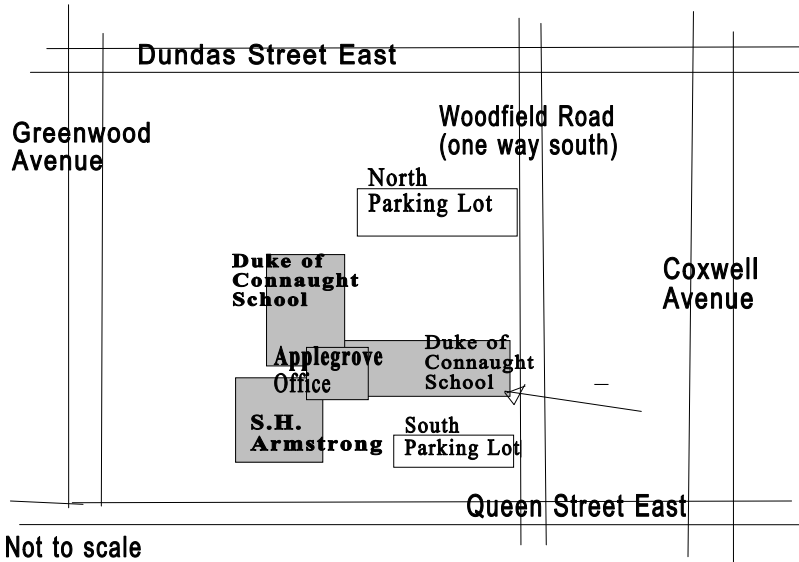
60 Woodfield Road, Toronto, Ontario M4L 2W6

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www.ApplegroveCC.ca



"TOGETHER, BUILDING OUR COMMUNITY"



Older Adult Activities (55+) January 2018



Please call 416-461-8143
to reserve your spot for all activities.

All activities are subject to change without notice

Applegrove has a new phone system!

Our number is still 416-461-8143.

*To reach the Older Adults program
directly, press 2.*

*If no one is able to answer your call,
leave a message or press the * key.*

Please remember to use the Woodfield doors.

January 2018

New Year's Party

Wednesday, January 17, 11a.m. - 1 p.m.

Cost: \$4



You are cordially invited to an afternoon tea with music trivia and games.

A selection of teas, finger sandwiches and pastries are served.

Contact: Call Applegrove at 416-461-8143 to register.

Location: SH Armstrong Multipurpose Room.

Please enter through SH Armstrong

Colour Crafters

Mondays, January 8, 15, 22, 29

1 - 3 p.m.



Enjoy an afternoon of crafting, learn new hobbies, share and contribute to the community and have fun!

Contact: Call Applegrove at 416-461-8143 to register.

Location: Applegrove Lounge

Cost: \$2 with Activity Card (or \$2.50 cash) per session.

Recurring Activities

Please register for all programs and activities by calling the Applegrove office at 416-461-8143.

B-I-N-G-O - Every Friday from 1:30 p.m. - 3:00 p.m.

For \$2 on Activity Card (or \$2.50 cash), come and try your luck at winning a prize. Enjoy some coffee/tea with friends!!

Location: Applegrove Lounge

Conversational Spanish Club - Fridays

10:00 a.m. - 11:30 a.m. for beginners.

11:30 a.m. - 1:00 p.m. for intermediate.

Instructor Aida is continuing to teach conversational Spanish.

The current session cycle runs from January 26 to April 6.

Cost: \$24 for 8 sessions. Location: Applegrove Lounge.



Computer Tutoring - By appointment only.

Come learn what you need: E-mail, Internet, uploading photos & more. Individual tutoring. By appointment only. Cost \$2.50 or \$2 on Activity Card.

Connecting Through Technology (CTT) –

Keep an eye out; this program will be back in March.

This session will include an intergenerational piece.

You will learn about mobile tech and the internet through lessons and one on one sessions with youth.

Please note: EUCHRE has moved:

Please join Euchre participants at the Hanson House, 7 Coatsworth Crescent in the REC room. Tuesdays 12 – 3 p.m. Contact Barb at 416-698-3536 for more information.

To receive a monthly brochure by mail, please come to our office and complete a membership form.

Bravura Piano – Leon Bernsdorf

Tuesday, January 30, 10 a.m. - 2 p.m.



Leon Bernsdorf, winner of The Glenn Gould School Concerto Competition and prizewinner at the Liszt Ferenc International Piano Competition, returns to the Free Concert Series for a performance marked by a dazzling display of technique and virtuosity that includes the works of Debussy and Liszt.

Contact: Call Applegrove at 416-461-8143 for information or to register.

Location: Richard Bradshaw Amphitheatre. Travel is by TTC. Bring your own TTC tickets. We leave the Applegrove office at 10 a.m. and return at 2 p.m.

Cost: Free

Conversational Spanish

Fridays, 10 - 11:30 a.m. (Beginners)
11:30 a.m. - 1 p.m. (Intermediate)



Interactive learning based on conversation, role play, games, songs, outings that bring real life situations into the classroom.

Instructor: Aida Badillo (Applegrove staff)
Location: Applegrove Lounge.
Cost: \$24 for 8 sessions (**starting Friday, January 26**).

Lunch 'n' Learn:

Singing & Salsa Dancing with Sunshine Center

Wednesday, January 24, 11 a.m. - 1 p.m.



Get your dancing shoes on! Learn some fancy footwork, and get active! Wear safe footwear.

Light refreshments are served.

Presenter: Sunshine Center for Seniors.
Location: SH Armstrong Multipurpose Room Cost: \$4.
Please enter through SH Armstrong
Contact: Call Applegrove at 416-461-8143 to register.

January Game Days



Thursdays, January 11, 18 and 25
1 - 3 p.m.



*Enjoy an afternoon of board games and card games that rely on team work and strategy.
Guaranteed to make you laugh!*

Location: Applegrove Lounge. Cost: Free.

Applegrove Older Adults Program (January 2018)

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
1	2	3	4	5
<h3 style="margin: 0;">Wishing you health and happiness in the New Year!</h3> <p style="margin: 0;">Applegrove Programs for Older Adults start in the New Year on January 8, 2018.</p>				
8	9	10	11	12
Colour Crafters: Hand Dyed Scarves Pt. 1 1 - 3 p.m.			Game Day 1 - 3 p.m.	BINGO 1:30 - 3 p.m.
15	16	17	18	19
Colour Crafters: Hand Dyed Scarves Pt. 2 1 - 3 p.m.		New Year's Party 11 a.m. - 1 p.m.	Game Day 1 - 3 p.m.	BINGO 1:30 - 3 p.m.
22	23	24	25	26
Colour Crafters: Watercolours Pt. 1 1 - 3 p.m.		Lunch 'n' Learn: Sunshine Center – Singing & Salsa 11 a.m. - 1 p.m.	Game Day 1 - 3 p.m.	Spanish Club (beg. & int.) 10 a.m. - 1 p.m. BINGO 1:30 - 3 p.m.
29	30	31	Save The Date! Seniors Active Living Fair  WEDNESDAY MARCH 14th 10:30 a.m. – 2:30 p.m.	
Unless specified, all activities are at Applegrove Community Complex 60 Woodfield Road, Toronto Phone Renate at 416-461-8143.			 *Please note all Applegrove programs and events are scent-free and nut-free.	